

# NICHOLAS CLAPHAM

**BSc**, INLPTA PRAC, ABH

## PROFESSIONAL SUMMARY

Highly accomplished fencing coach and educator with over 20 years of professional coaching experience, beginning a lifelong journey in fencing at the age of five.

As a Fencer and trainee Coach Nick was based at the Wellington Swords Fencing Club, trained by Gyorgy Felletar the current Coach educator for the FIE in Budapest.

Head Coach at the University of Exeter for seven years, coaching fencers transitioning from Junior to Senior from a range of countries including, France, Germany, Italy, Greece, Hungary, Hong Kong, and others.

The first British Fencing Coach to secure a full-time coaching contract in Hungary, having trained athletes to represent Great Britain and now Hungary on National Teams and to be National team champions.

Nick now works as a private Coach and performance consultant, currently working with fencers that represent the MTK club in Budapest.

## WORK EXPERIENCE

|  |             |
|--|-------------|
| Safe and Sound Coaching<br>Performance Consultant                            | 2011 - 2025 |
| Békessy Béla Vívó Klub / Debreceni Sportiskola (DSI)<br>Senior Fencing Coach | 2022 - 2024 |
| Newton Abbot and Totnes Fencing Club<br>Senior Coach / Guest Coach           | 2019 - 2022 |
| Devon County Fencing Union<br>County Captain                                 | 2014 - 2016 |
| Exeter City Fencing Club<br>Business Manager/Coach                           | 2013 - 2015 |
| University of Exeter Fencing Club<br>Head Coach                              | 2007 - 2013 |
| Exmouth Community College<br>Fencing Coach                                   | 2007 - 2009 |
| Exeter School<br>Fencing Coach   | 2006 - 2009 |
| Exeter College<br>Associate Lecturer   | 2005 - 2007 |
| Castle School Taunton<br>Fencing Coach                                       | 2005 - 2006 |
| Crediton Swords Fencing Club<br>Assistant Coach (Head Coach from 2006)       | 2003 - 2007 |

## PUBLICATIONS

“Advanced Goal Setting Journal” (2024) *Integrating various models of advanced goal setting to maintain focus and motivation.*

## CONTACT



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## VOCATIONAL

### International NLP Trainers Association

2011 - 2012  
NLP Practitioner

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### British Fencing Association 2004 - 2006

Level 3 Fencing Coach  
Foil/Epee/Sabre

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### British Fencing Association 2003

Club Leaders Award (Level 1 Coach)  
Foil

## EDUCATION

### Open University

**BSc** Open Degree  
(Psychology)

- Exploring Psychological Aspects of Athletic Development
- Sports and Exercise Psychology:  
a Case study approach
- The Science of the Mind:  
Investigating Mental Health

### Exeter College

BTEC National Diploma:  
Performance